



I Asia-Pacific Deaf Championship

Taekwondo, Karate, Judo, Wrestling

Bulletin №1

02-11 March 2023

BISHKEK



THE MESSAGE OF ORGANIZATION OF SPORTS MOVEMENT OF DEAF PEOPLE in KYRGYZ REPUBLIC

It gives our great pleasure to write this foreword to the first Official Bulletin of the Asia Pacific Deaf Championships in Bishkek in 2023.

The Organization of Deaf Sports Movement of the Kyrgyz Republic and the Deputy Minister of Culture, Information, Sports and Youth Policy of the Kyrgyz Republic wishes to note that this event is significant in that it is held for the first time in the Central Asian region during the existence and functioning of the Asia-Pacific Confederation of Sports for the Deaf. Due to this fact, it is a great honor and responsibility for the Kyrgyz Republic and the Deaf Sports Movement Organization of the Kyrgyz Republic expresses its pleasure to organize and hold this event of such level.

The Asian championship among deaf will be held in 4 kinds of sport, such as: Taekwondo, Karate, Judo and Wrestling (Greco-Roman and Freestyle) from 2nd to 11th of March 2023, in Bishkek, Kyrgyz Republic.

It is our great pleasure to invite all Asia Pacific Deaf Sports Confederation (APDSC) Member Nations to participate in the I Asia Pacific Deaf Championship to be held from 2nd to 11th of March in Bishkek.

Welcome all the participants of the Championship to Bishkek, Kyrgyz Republic, to the heart of Central Asia.



Invitation

SUBJECT: Asia-Pacific Deaf Championships

Dear APDSC Officials and APDSC Member Nations,

The Asia Pacific Deaf Sports Confederation has kindly awarded the “I Asia Pacific Deaf Championships” to the Organization of Deaf Sports Movement of the Kyrgyz Republic

This Asian championship will be held in Bishkek, Kyrgyz Republic, from 2 to 11 March 2023.

It is my great pleasure and honor as the Organizing Committee Chairman of “I Asia Pacific Deaf Championships” and as the President of the Organization of Deaf Sports Movement of the Kyrgyz Republic to invite your Deaf Taekwondo, Karate, Judo and Wrestling Teams to Kyrgyz Republic from 2 to 11 March 2023.

This event is sanctioned by APDSC.

Kindly refer to the attached information about visa requirements, the relevant COVID-19 prevention measures as well as the accommodation information and the relevant costs.



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About the city

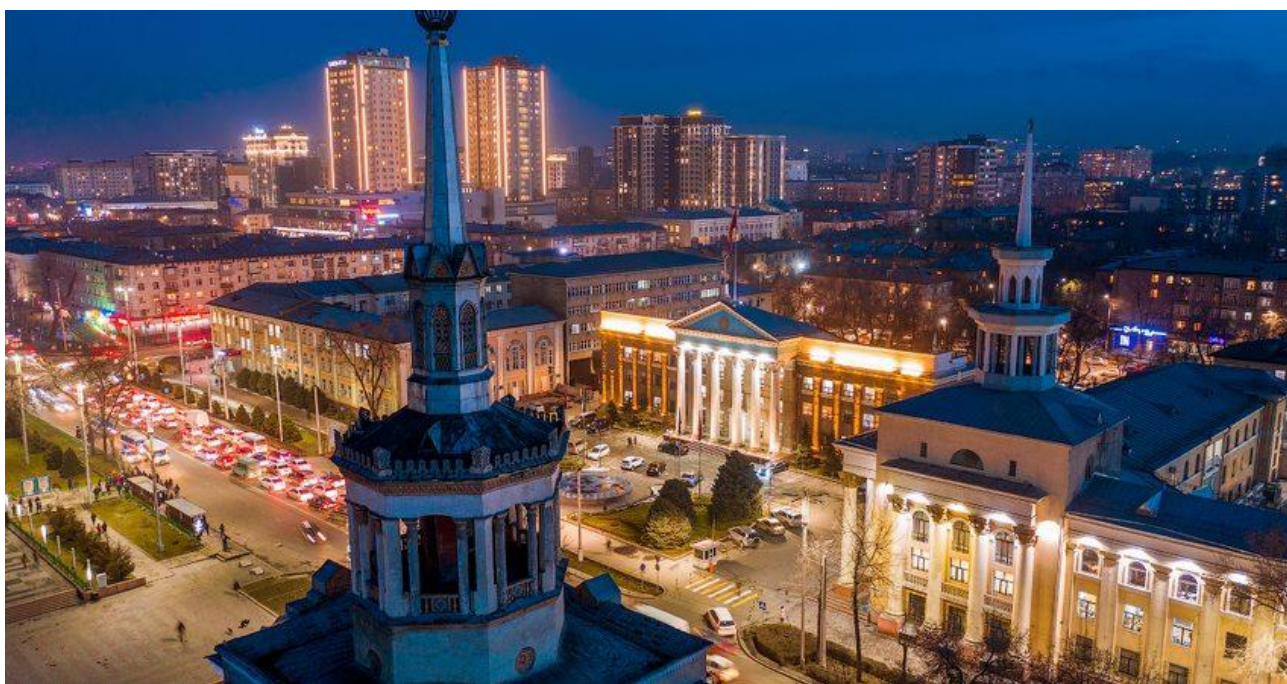
Bishkek is the capital of Kyrgyzstan and the country's largest city in terms of population (over 1 million). The capital of Kyrgyzstan, Bishkek, is the borderline of Central Asia's Tian Shan range. The Kyrgyz Ala-Too mountains and Ala-Archa National Park adorned with wildlife trails and glaciers, concludes the scenic beauty of the place. Bishkek is the modern cultural, political and economic center of the country. It is a quiet city with wide streets and beautiful houses with its own distinctive, measured rhythm of life.

Bishkek was founded in 1825 on the ruins of the ancient Pishpek hill fort and the Kokand fortress of Pishpek, which were county trade towns on the caravan route from the 7th to the 13th centuries. The caravans of the Great Silk Road also passed through Bishkek. The rapid development of the city began after 1917. In 1926, in



honor of the revolutionary and statesman, Pishpek was renamed Frunze, and then it was renamed back to Bishkek after the fall of the USSR and the gaining independence of the Kyrgyz Republic.

Filled with exotic foliage and historic post-Soviet anachronisms, Bishkek is a city engraved with cultural nuances. The vibrant and youthful atmosphere of the place is the reason why the city witnesses a massive tourist turnout every year. The pulsating nightlife of Kyrgyzstan's capital city is unparalleled. They they way to one's heart is through the stomach. If that's the case, then the city's food scene is definitely going to ring a bell. Be it the mouthwatering Oromo or the tasteful Besh Barmak, one is served with a myriad of food choices.





Climate

Bishkek has a Mediterranean-influenced humid continental climate, with hot, dry and low cloudy summers and frosty, snowy and occasionally cloudy winters. In March, temperatures in Bishkek range from -2°C ($28,4^{\circ}\text{F}$) to $+19^{\circ}\text{C}$ ($66,2^{\circ}\text{F}$). In March 2022, the lowest average daily temperature was -0.38°C (32°F), while the highest average temperature reached $+12.5^{\circ}\text{C}$ ($53,6^{\circ}\text{F}$). The amount of rain that falls in Bishkek during March is 75.7 mm. Thus, March is one of the rainiest months of the year. So, an umbrella and warm clothes will keep you in good company during your stay in Bishkek.



The Venue

Competitions in all 4 kinds of sport will be held at Kojomkul Sports Palace according to their appointed dates correspondingly.

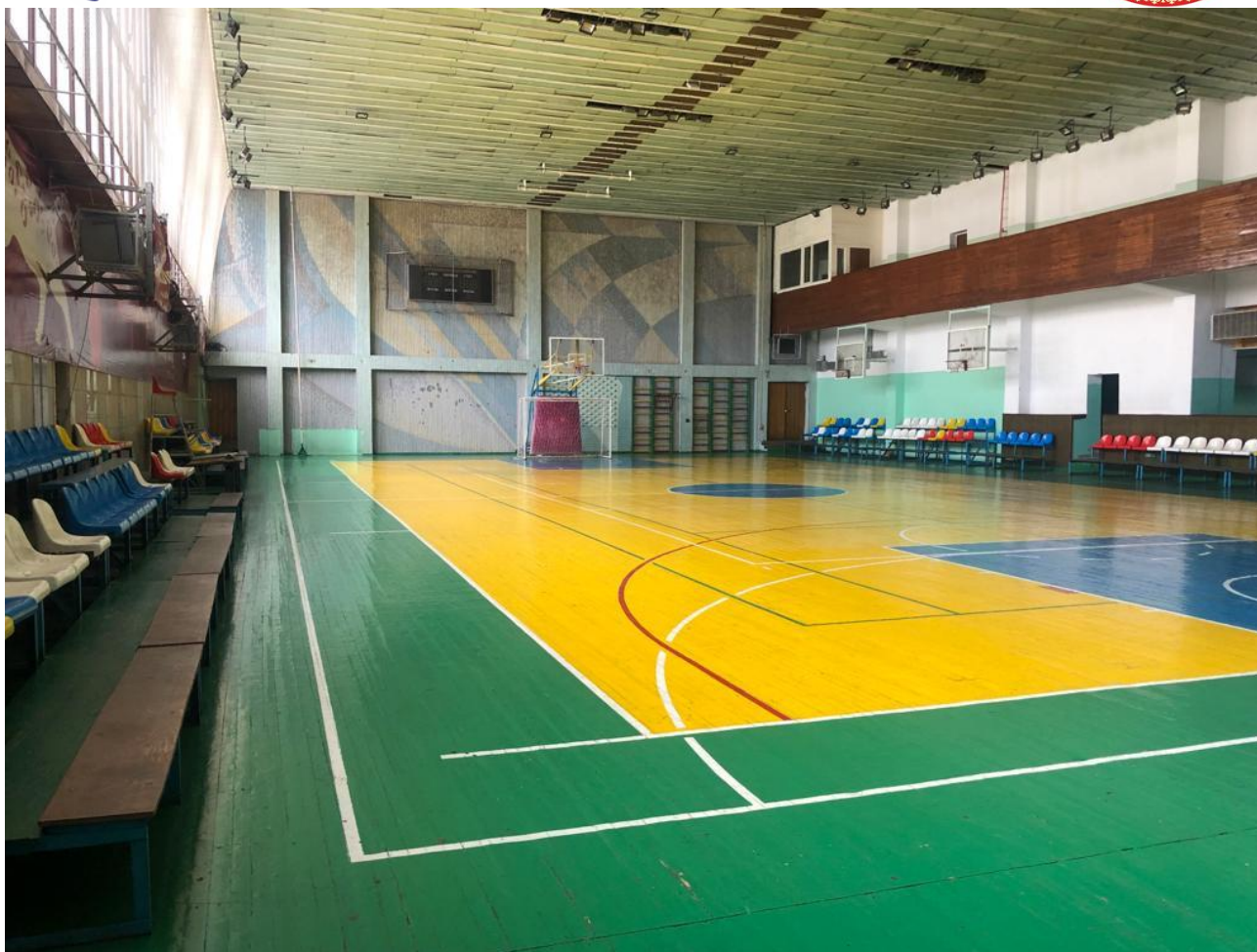




This is the view of the competition venue



The training hall – athletes can come to this place and conduct training before the competitions. All the necessary equipment will be on place.



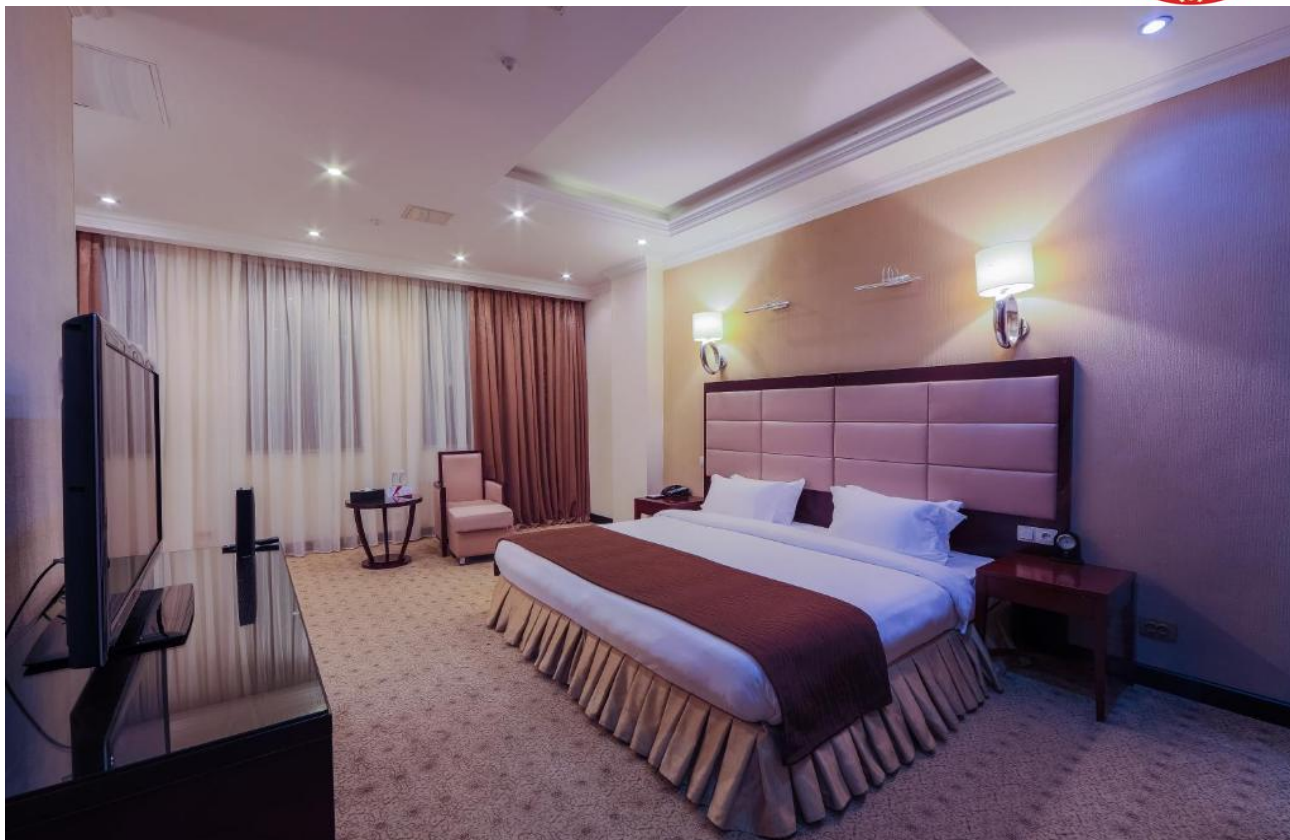
Accommodation

The competitions will be held in the official hotel.

Jannat Regency Hotel

The hotel is located 37,2 km away from the Manas International Airport. The living costs covers accommodation with 3-time meal.









In order to ensure the most favorable prices, the OC is directly in charge of the accommodation process for the participants. Single, Twin and Triple standard rooms will be available. The reservations will be confirmed upon receipt of the Hotel Accommodation Form and required payment. The OC will provide official transportation and accreditation only to those who make their booking through the OC. The rates are per night, including breakfast, lunch, and dinner.

Jannat Regency Hotel Rates

4,5 Star Hotel	USD Dollars
Single Room	140\$ per night
Double Room	120\$ per person per night
Triple Room	110\$ per person per night

*Check-in and check-out are considered to be at 14:00 P.M. and till 13:00 P.M. correspondingly.

The fees include the accommodation, 3x meal (buffet) and transfer Airport-Hotel-Airport.

*** *Please note that the above-mentioned fees shall be paid to the OC in cash upon your arrival.**

The deadline for the preliminary reservations will be the 30th of November 2022.

The final deadline for the reservations will be 15th January 2023.

Official Participation Fees

OC Participation Fee - \$50 (USD) by person for organization committee, (per athlete and official).

OP Participation Fee includes:



- Accreditation Card - Each participant will receive accreditation with photo. This accreditation allows free entry to all competitions. We ask all to send photo for accreditation to keep time.)
- Shuttle Service between the official hotel and the sports hall.

****Please note that only those who will make their booking through the Organizing Committee shall allowed to enter the competitions.*



The Program of the I Asia Pacific Deaf Championship, Bishkek, 02-11 March 2023

Sport	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
	28-Feb	1-Mar	2-Mar	3-Mar	4-Mar	5-Mar	6-Mar	7-Mar	8-Mar	9-Mar	10-Mar	11-Mar	12-Mar
Taekwondo	Arrival	Training	Opening Ceremony/ Competition	Competition	Departure								
Karate			Arrival	Training	Competition	Competition	Departure						
Judo					Arrival	Training	Competition	Competition	Departure				
Wrestling Greco-Roman							Arrival	Training	Competition	Competition	Departure		
Wrestling Freestyle									Arrival	Training	Competition	Competition	Departure

This program is preliminary only. The travel can be approximately planned according to this timetable. This dates will be updated soon.



Visa Information

While some Asian countries may be exempt from visa due to the existing agreements concluded between our country, the others can obtain an e-Visa.

Each member of every delegation will be responsible to verify if he needs a visa to enter in Kyrgyz Republic. It is highly recommended that foreigners, who wish to visit Kyrgyz Republic, should read the related information about our country's visa regime.

An information note about visa regime of the Kyrgyz Republic is available in the following address: www.evisa.e-gov.kg

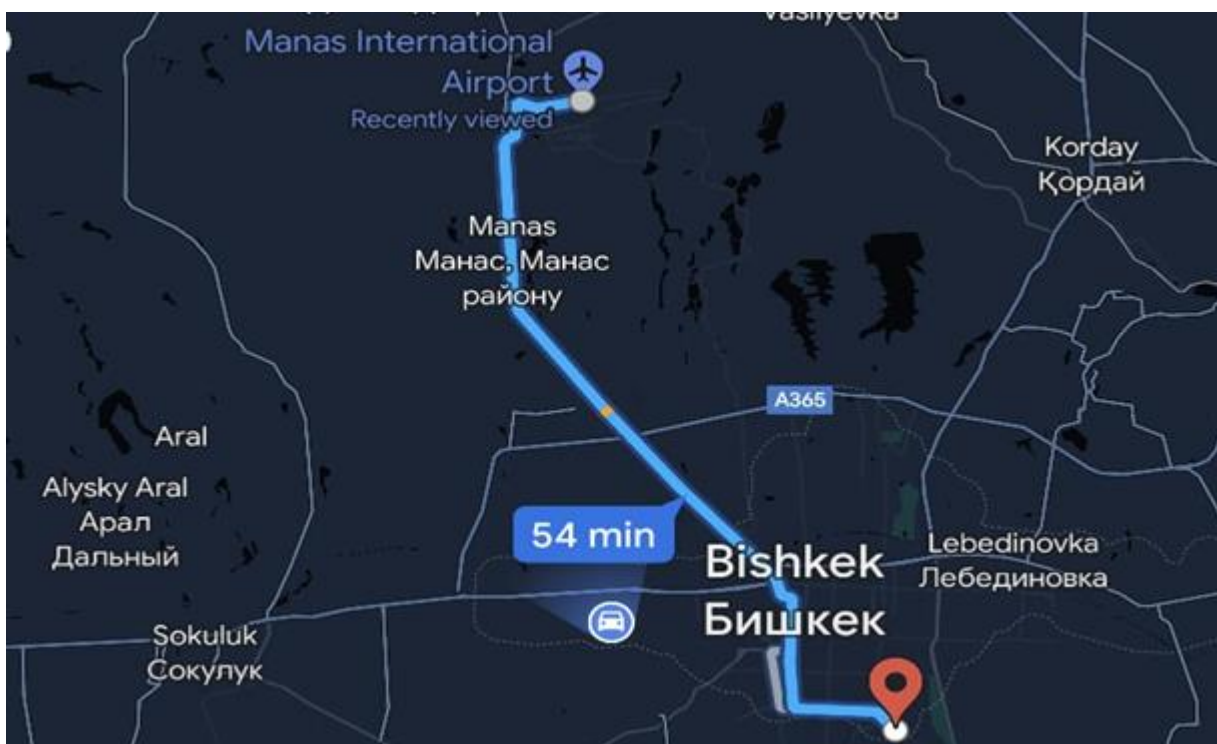
The Participants are responsible for asking the visa and the Organization Committee cannot be responsible if the visa is not obtained. The Organization Committee can send the participants an invitation letter if necessary.

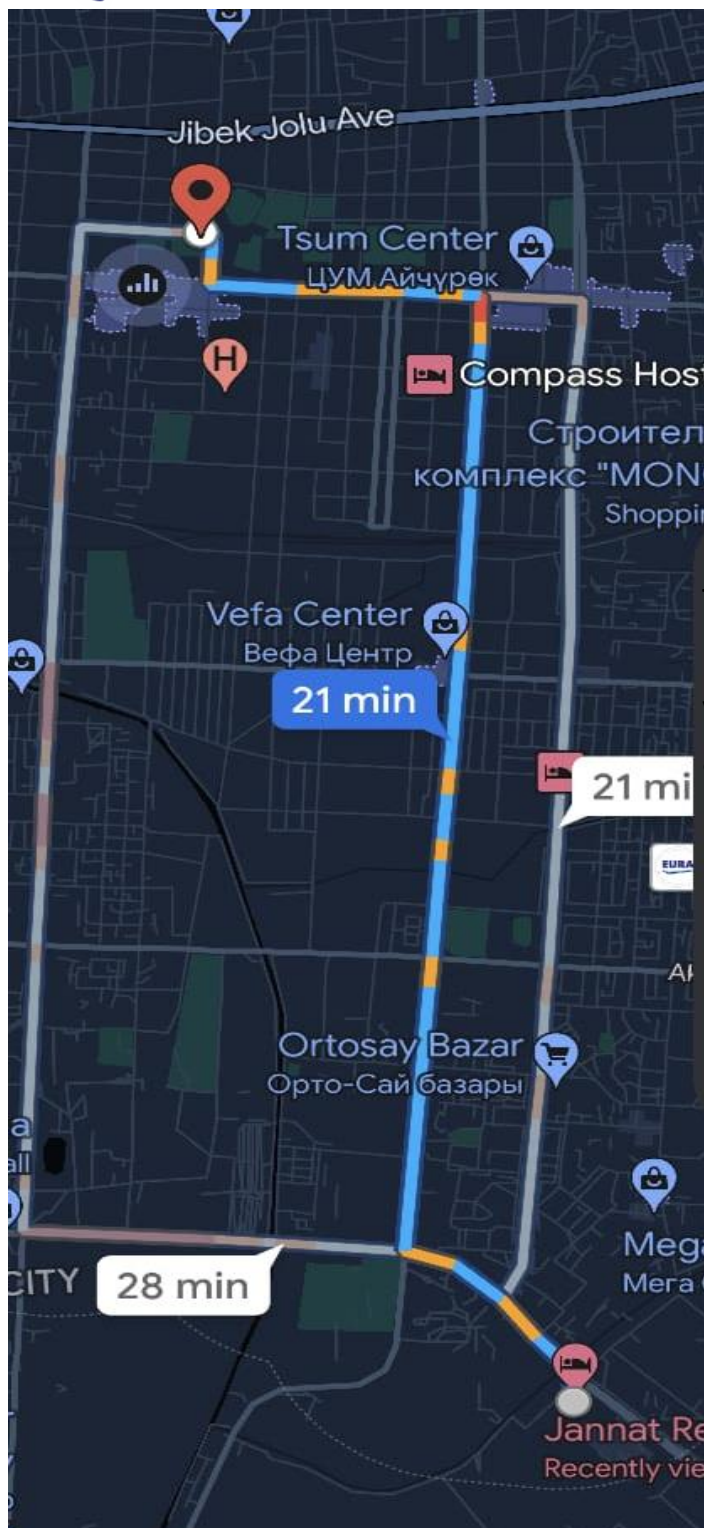
Transportation

The OC will provide free transportation service from the Manas International Airport to the hotel (vice versa) for those who make their hotel reservation through the OC. Airport Transfer Service will be available from 01 March to 11 March 2023 (preliminary). Manas International Airport is 37 km away and within 20 – 30 min drive away. Participants will be welcomed at the airport by the OC and accompanied throughout their entire ride. Any changes on departure details must be submitted to the OC at the venue at least 48 hours before the flight departure.



The type of transport will be determined once the number of participants will be confirmed. For a small group the micro bus will carry the delegation, and a larger bus will be enrolled in case a large group of people will confirm their participation.





That is the distance between the hotel and the competition/training venue. It is approximately 8,2 km and 15-20 minutes of drive.



INSURANCE

Each country is required to provide insurance for each member of its delegation. It is recommended that you hold international travel- and accident insurance, please ensure it covers you for competing in the championships.

COVID-19 Regulations

The Republican Anti-Coronavirus Headquarters reminded that a PCR test for COVID-19 is not required when entering or leaving Kyrgyzstan. The relevant order came into force on May 1, 2022. According to it, Kyrgyz citizens and foreigners can cross the state border to Kyrgyzstan without presenting a negative PCR test and a certificate of vaccination against COVID-19.

But! The PCR test certificate may be required by the country you plan to travel to. It is therefore important to familiarise yourself with the entry/exit regulations in foreign countries. If a PCR test is required, we can help you to make PCR test, with the cost of 35\$. The result you will get after 3-4 hours.

MEDICAL SERVICE AT THE COMPETITION VENUE

At least one ambulance, also heavily equipped, will be staged at the competition venue to facilitate the transfer. In the championships, medical teams consisting of experienced physicians and paramedics will be positioned at designated spots on the Field of Play to act as first responders to injuries or emergencies during the competition or official training sessions.



Useful information

Local Currency

The local currency is the Kyrgyz Som. Established credit cards like VISA, MasterCard, American Express, Union Pay, Mir (Мир) are widely accepted in hotels, restaurants, shops, gas stations etc. Due to unstable situation currency market in Kyrgyzstan, it is highly recommended to bring the own money in cash, as you can face the problem with cashing out the dollars from the card.

Electricity

The electricity supply is 220V.





For any further information, there are following information:

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